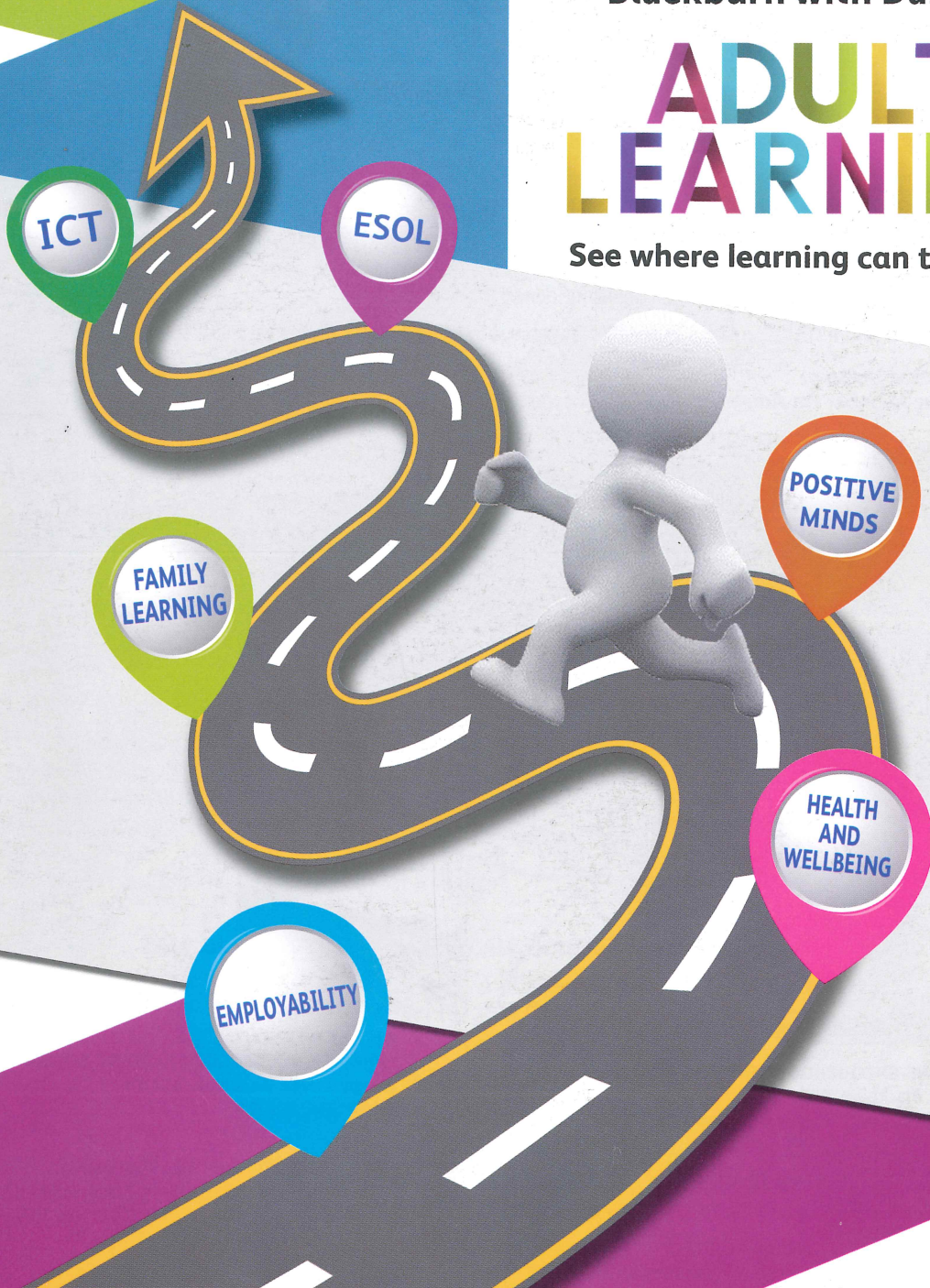


Blackburn with Darwen

ADULT LEARNING

See where learning can take you!



Course Programme
APRIL - JULY 2019

Welcome

We are delighted to welcome you to our latest course programme for April – July 2019.

The brochure is full of an exciting mix of courses and workshops to help you improve your work prospects and wellbeing.

Courses run at a variety of venues across Blackburn with Darwen and are available to anyone aged 19 or over.

Why not join the thousands of adults who undertake their learning journey with us?

We are pleased to report that Blackburn with Darwen Borough Council Adult Learning continues to be judged as 'good' by Ofsted, who say that "learners develop good employability skills and growth in their self-confidence".

We hope you find a course you are interested in and we look forward to welcoming you soon.

Clr Shaukat Hussain,
Executive Member for Adult Services and Prevention



Our Venues



BLACKBURN CENTRAL LIBRARY
Town Hall St, Blackburn, BB2 1AG
Tel: (01254) 507720 or 581175



BOULEVARD CENTRE
45 Railway Rd, Blackburn BB1 1EZ
Tel: (01254) 581175 or 507720



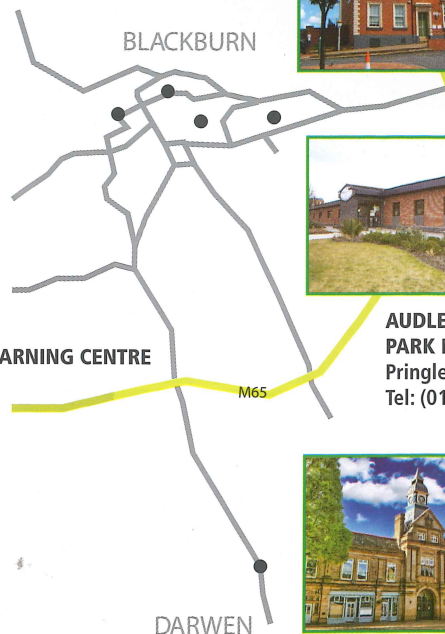
BANK TOP NEIGHBOURHOOD LEARNING CENTRE
Arthur Way, Blackburn, BB2 1QP
Tel: (01254) 581175



AUDLEY & QUEEN'S PARK NEIGHBOURHOOD LEARNING CENTRE
Pringle Street, Blackburn, BB1 1SF
Tel: (01254) 507720



DARWEN TOWN HALL
Croft Street, Darwen, BB3 1BQ
Tel: (01254) 581175 or 507720



Enrolling is easy

YOU CAN ENROL EITHER IN PERSON OR BY TELEPHONING:

AUDLEY & QUEEN'S PARK NEIGHBOURHOOD LEARNING CENTRE
Pringle Street, Blackburn, BB1 1SF
Tel: (01254) 507720

BANK TOP NEIGHBOURHOOD LEARNING CENTRE
Arthur Way, Blackburn, BB2 1QP
Tel: (01254) 581175

Or email adultlearning@blackburn.gov.uk

Opening hours: Monday to Thursday 9:00am – 5:00pm
Friday – 9:00am – 4:00pm

SUPPORT FOR YOU

If you need support with your learning, please let us know when you enrol. We can provide additional support or assistive technology to help you.

Non –accredited courses and workshops are free, for accredited courses there is a minimal charge of £20 (for courses up to 20 hours) and £30 (for courses up to 30 hours). These charges apply if you are currently working and have an annual gross salary in excess of £15,736.50.

N.B Full fee remission is available if you are in receipt of: Jobseeker's Allowance; Employment and Support Allowance (Work Related Activity Group); Universal Credit (work related requirements group, work preparation group or work focused group); or another state benefit (conditions apply).

National Careers Service

Helping you take the next step

THE NATIONAL CAREERS SERVICE PROVIDES COURSE AND CAREER ADVICE TO EVERYONE INTERESTED IN LEARNING

Aged 19+ we can help you with decisions on learning, training and work.

- Unsure of your next career move?
- Returning to work from time out?
- Finished college or university and considering your next step?
- Unhappy in your current job and ready for a change?

Advice is free, confidential and impartial. We can help with:

- Job application forms
- CVs and cover letters
- Interview techniques
- Effective job search
- Courses/Training

CALL US on (01254) 588891 or CALL IN to make an appointment at:

AUDLEY & QUEEN'S PARK NEIGHBOURHOOD LEARNING CENTRE Pringle Street, Blackburn, BB1 1SF
Tel (01254) 507720

BANK TOP NEIGHBOURHOOD LEARNING CENTRE Arthur Way, Blackburn, BB2 1QP
Tel (01254) 581175

DARWEN TOWN HALL Croft Street, Darwen, BB3 1BQ
Tel (01254) 588891

BLACKBURN COLLEGE The Hub (Located in The Beacon Centre), Blackburn, BB2 1LH
Tel (01254) 292929

DWP customers can also access the National Careers Service at the Jobcentre.
Speak to your work coach to book an appointment.

0800 100 900 www.direct.gov.uk/nationalcareersservice

EMPLOYABILITY

Are you looking for a course which will help you to build and enhance your CV? By enrolling onto these courses you can gain valuable and appropriate employability skills needed by employers. For instance, you could achieve an accredited certificate in Customer Care, First Aid, Food Safety and/or in computing. Check out the programme below for our varied range of employability courses.



SKILLS FOR EMPLOYMENT

FIRE SAFETY AWARENESS

Fire safety training for all staff is a requirement for employers. Everyone in the workplace has a duty to prevent fires. This short course provides you with information relating to fire safety legislation and duties, fire prevention, control and sources of fire.

Darwen Town Hall	Thursday	10am – 12.30pm	16/05/2019	2½ hours
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FIRST STEPS INTO EMPLOYMENT

This is an employability course enabling you to make the first steps towards employment. The course covers a range of employability topics ranging from composing a CV and sending it via an e-mail, interview skills, identifying own skills and achievements and matching them to job roles.

Bank Top NLC	Tuesday/Wednesday	9.30am – 2.30pm	30/04/2019	4 Weeks (2 Sessions per week)
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*HEALTH AND SAFETY IN THE WORKPLACE ENTRY 3 (ACCREDITED BY ASCENTIS)

Health and Safety in the workplace is extremely important both for the employer and employee. This course will provide you with the basic knowledge on: rights and responsibilities for Health and Safety; what to do in the event of accidents and emergencies and perform workplace tasks safely.

Skills required: English language skills at Entry Level 3 or higher.

Bank Top NLC	Tuesday	9.30am – 2.30pm	09/07/2019	2 weeks
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HOW TO SELL YOURSELF AT AN INTERVIEW NEW COURSE FOR SUMMER

Getting the job you want is the first step to starting your career pathway. Having solid interview techniques and skills can make all the difference in getting the job you want. This short course will support you to prepare, plan and help gain or improve your performance at an interview. At the end of the session you will carry out a mock interview and be given feedback on your performance.

Bank Top NLC	Wednesday	10.00am – 12.30pm	03/07/2019	2½ hours
Audley NLC	Wednesday	10.00am – 12.30pm	10/07/2019	2½ hours
Darwen Town Hall	Wednesday	10.00am – 12.30pm	17/07/2019	2½ hours

INFECTION CONTROL IN CARE NEW COURSE FOR SUMMER

This one-day course is aimed at adults who want to work in a health and social care environment. The course will explore basic principles and legislation on safety and hygiene in work activities, that could put employees at risk of passing and contracting infection including preventative methods. The session will explore food hygiene control, different waste disposals routes and effective hygiene control in a health and social care environment.

Audley NLC	Tuesday	9.30am – 12.30pm	25/06/2019	3 hours
Bank Top NLC	Wednesday	9.30am – 12.30pm	10/07/2019	3 hours

INTRODUCTION TO CHILDCARE NEW COURSE FOR SUMMER

This course will give learners an introduction to childcare and working with children. You will have the opportunity to explore and learn about different craft activities and how these will help with a child's learning and development. You will have the chance to explore the aspects of play, linking this to a child's learning and how activities and toys play a vital role in valuing children as individuals.

Darwen Town Hall	Tuesday	9.30am – 2.30pm	07/05/2019	3 weeks
Bank Top NLC	Thursday	9.30am – 2.30pm	09/05/2019	3 weeks
Audley NLC	Monday	9.30am – 2.30pm	17/06/2019	3 weeks

*INTRODUCTION TO CUSTOMER CARE LEVEL 1 (ACCREDITED BY ASCENTIS)

This is a three weeks' customer care course or for people who have customer care or retail experience and would like to gain a Level 1 accreditation in customer service. You will learn the elements of positive customer experience; importance of the customer's experience to a business and be familiar with customer safety procedures. The course is an ideal progression opportunity for people achieving the Introduction to Customer Care Entry Level 3.

Skills required: English language skills at Entry Level 3 or higher.

Bank Top NLC	Tuesday	9.30am – 2.30pm	07/05/2019	3 weeks
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INTRODUCTION TO DATA PROTECTION

Both employers and their employees have new responsibilities to consider and ensure compliance is met in regards to Data Protection. This workshop will help individuals gain valuable insight into what information security is and why information must be kept secure.

Darwen Town Hall	Thursday	10.00am – 12.30pm	02/05/2019	2½ hours
Bank Top NLC	Tuesday	10.00am – 12.30pm	18/06/2019	2½ hours

“I enjoyed and learned valuable information about customer care.”

INTRODUCTION TO HEALTH AND SOCIAL CARE NEW COURSE FOR SUMMER

This course will give learners an introduction to health and social care. It will help learners understand some skills and knowledge needed to work in the sector. We will look at the different sectors and provisions in the local community and also develop knowledge of the range and scope of job roles within the different health and social care sectors. Learners will consider the skills needed to fulfil these job roles and the career progression routes available to employees in the sector.

Bank Top NLC	Tuesday	9.30am – 2.30pm	04/06/2019	2 weeks
Darwen Town Hall	Monday	9.30am – 2.30pm	03/06/2019	2 weeks
Audley NLC	Tuesday	9.30am – 2.30pm	09/07/2019	2 weeks

*INTRODUCTION TO WORKING WITH OTHERS ENTRY 3 (ACCREDITED BY ASCENTIS)

In employment working with others is very important. An employee or volunteer needs to understand the skills required to work with others whilst carrying out tasks. This accredited course will help you gain skills like working as a team, effective communication, active listening, organisational skills, process of decision making and importance of responsibilities and reporting to management all of which can lead to efficiently working with others in the workplace.

Skills required: English language skills at Entry Level 3 or higher.

Bank Top NLC	Tuesday	9.30am – 2.30pm	25/06/2019	2 weeks
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MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk
*FREE ACCREDITED COURSES FOR LEARNERS WHO ARE UNEMPLOYED AND ON A LOW INCOME WAGE.

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*FREE ACCREDITED COURSES FOR LEARNERS WHO ARE UNEMPLOYED AND ON A LOW INCOME WAGE.

MAKE OR BREAK - TEAMWORK AND ENTERPRISE PROJECT NEW COURSE FOR SUMMER

This is a 5 week course where you will design and produce a product to sell and raise money for a chosen charity. By the end of the project you will gain skills in team working, identifying your own skills and qualities and work with others to produce a simple project plan. This course will explore how taking responsibility of individual roles can achieve a common goal through team working.

Bank Top NLC	Monday	1pm – 3pm	10/06/2019	5 weeks
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MOVING AND HANDLING IN THE WORKPLACE

Manual handling operations require employers to take appropriate steps to reduce the risk of injury to employees, this includes suitable training. The Manual Handling course helps employees to understand the risks associated with manual handling, the value of risk assessments and how to recommend measures that can control manual handling risks at work.

Audley NLC	Thursday	10am – 2pm	09/05/2019	4 hours
Bank Top NLC	Wednesday	10am – 2pm	12/06/2019	4 hours

SAFEGUARDING CHILDREN AND YOUNG PEOPLE

This course covers the factors that contribute to keeping a child safe and healthy, including common illnesses, injuries and accidents. The course will show you how to identify indicators, signs and symptoms of different types of abuse, including online abuse and how to help and support children through many challenges. Part of the course looks at the responsibilities of individuals to protect children and how to safeguard yourself through the process.

Bank Top NLC	Thursday	9.30am – 2.30pm	06/06/2019	2 weeks
Audley NLC	Thursday	9.30am – 2.30pm	20/06/2019	2 weeks

SAFEGUARDING FOR ADULTS IN LIFE AND WORK

Safeguarding is a key training requirement for employers. This course will provide learners with an introduction to safeguarding in both work situations and in daily life. They will learn how to recognise unsafe practices or signs of potential abuse and will know the procedures for reporting safeguarding concerns. It also explores an awareness of 'personal values', the impact of these on professional practice and procedures for responding to safeguarding concerns.

Darwen Town Hall	Monday	9.30am – 2.30pm	13/05/2019	2 weeks
Audley NLC	Thursday	9.30am – 2.30pm	04/07/2019	2 weeks

VOLUNTEERING UNIT LEVEL 1 (ACCREDITED BY AIM AWARDS)

This is a three week accredited course designed for volunteers or for adults wanting to become a volunteer. You will learn how to match your skills and qualities to various volunteering roles; explore the different types of volunteering opportunities available; look at different skills that could be useful to organisations; recognise the benefits that could be gained from volunteering and rights that volunteers can expect when volunteering. At the end of the course you learn how to apply for a volunteering position and gain accreditation at Level 1 in volunteering.

Skills required: English language skills at Entry Level 3.

Darwen Town Hall	Wednesday	9.30am – 2.30pm	12/06/2019	3 weeks
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This course was well taught and I learned new things and now look for Health & Safety around me more. I would recommend to other people.

PATHWAYS INTO VOLUNTEERING – ARE YOU VOLUNTEER READY?

Join our Pathways into Volunteering course and start your journey into volunteering.

The programme includes **FREE** training and covers:

- Introduction to volunteering – skills check and linking to the most suitable/appropriate volunteer role.
- Personal presentation – look good feel good, confidence building, self-esteem and mental health.
- Induction: a generic induction programme covering Health & Safety; Equality & Diversity; Safeguarding and Information and Data Protection.
- Personal Development Planning: to identify and record individual learning and development needs, goals and aspirations.
- Learn about mentoring/buddying or coaching peers.

On completion of the programme there are progression opportunities that will lead onto accredited training including First Aid, Food Safety or an accredited Level 1 Volunteering course.

For more information call 01254 507720 or 01254 581175 or e-mail adultlearning@blackburn.gov.uk



STRENGTHENING COMMUNITIES – VOLUNTEERING IN LANCASHIRE

Strengthening Communities
SCVL
Volunteering in Lancashire

Are you unemployed and need support?

SCVL aims to provide you with realistic pathways to employment through

- One to one support.
- Accredited and non-accredited training.
- Access to volunteer placements in the Voluntary and Community, Public and Private Sectors.

For more information, please contact the team on 07547566054 or office@communitycvs.org.uk

SCVL is funded by the European Social Fund



MOST COURSES ARE FREE

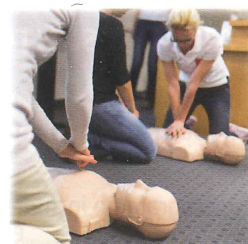
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FIRST AID

I've really enjoyed taking part in this course, I can now recognise various illnesses and administer first aid.



BASIC FIRST AID (ADULT CHOKING, CPR AND AED)

Learn basic practical lifesaving skills and develop techniques for emergency situations such as the recovery position, CPR (Cardiopulmonary Resuscitation), bandaging, how to assist an adult casualty when they are choking and how to use an AED (Automated External Defibrillator).

Audley NLC	Thursday	9.30am – 2.30pm	25/04/2019	4 hours
Bank Top NLC	Friday	9.30am – 2.30pm	07/06/2019	4 hours

BASIC FIRST AID CARING FOR SENIORS

Learn basic practical lifesaving skills and develop techniques for common emergency situations faced by older adults such as cardio muscular problems (heart attacks and strokes), falls, cuts and scrapes, cold and heat related illnesses (heatstroke and hyperthermia), CPR (Cardiopulmonary Resuscitation) and how to use an AED (Automated External Defibrillator).

Darwen Town Hall	Thursday	9.30am – 2.30pm	23/05/2019	1 day
Bank Top NLC	Friday	9.30am – 2.30pm	28/06/2019	1 day

BASIC PAEDIATRIC FIRST AID (CHILD AND BABY CHOKING, CPR AND AED)

Learn basic practical lifesaving skills for baby and child and develop techniques for emergency situations such as recovery position, CPR, bandaging, choking and how to use an AED.

Audley NLC	Thursday	9.30am – 2.30pm	13/05/2019	1 day
Bank Top NLC	Tuesday	9.30am – 2.30pm	27/06/2019	1 day

BASIC SPORTS AND ACTIVITY FIRST AID **NEW COURSE FOR SUMMER**

This course is designed for learners who have an involvement in sports and recreational activities in both the professional and voluntary sectors. You will learn basic practical lifesaving skills and develop techniques for common emergency situations in sports and activities, which includes injuries to bone, muscles and joints, extreme temperatures and suspected head and neck injuries.

Bank Top NLC	Tuesday	9.30am – 2.30pm	14/05/2019	1 day
Audley NLC	Thursday	9.30am – 2.30pm	04/07/2019	1 day

*EMERGENCY FIRST AID AT WORK (ACCREDITED FIRST AID FOR ADULTS)

Learn practical lifesaving skills and develop techniques for emergency situations required in the workplace. Achieve a level 2 certificate in Emergency First Aid at Work. The course covers: roles and responsibilities of a first aider; managing and assessing a casualty in shock or choking; items contained in a First Aid box; recovery position; CPR with an AED; bandaging, burns and scalds. **Skills required: English language skills at Entry Level 3 or higher.**

Audley NLC	Tuesday/Wednesday	9.30am – 2.30pm	07-08/05/2019	2 days
Bank Top NLC	Thursday/Friday	9.30am – 2.30pm	18-19/07/2019	2 days

*PAEDIATRIC FIRST AID (ACCREDITED FIRST AID FOR BABY AND CHILD)

Learn practical child and baby lifesaving skills and develop techniques for emergency situations required in a work environment involving children. Achieve a certificate in Paediatric First Aid. The course covers: roles and responsibilities of a first aider; managing and assessing a casualty in shock or choking; items contained in a First Aid box; recovery position; CPR with an AED; bandaging, burns and scalds. **Skills required: English language skills at Entry Level 3 or higher.**

Audley NLC	Tuesday/Wednesday/Thursday	9.30am – 2.30pm	18-20/06/2019	3 days
Bank Top NLC	Tuesday/Wednesday/Thursday	9.30am – 2.30pm	09-11/07/2019	3 days

FOOD SAFETY

I am loving these food safety courses as I needed to refresh my knowledge and also the tutor gave me additional information to help me pursue my catering business.



FOOD SAFETY FOR BEGINNERS

The Food Hygiene Awareness course covers basic food safety and hygiene skills that are required by anyone who handles food or drink as part of their job role. It is also suitable for anyone interested in improving their understanding of food safety in the home.

Bank Top NLC	Tuesday	10am – 2pm	07/05/2019	4 hours
Audley NLC	Thursday	10am – 2pm	16/05/2019	4 hours
Blackburn Library	Thursday	10am – 2pm	23/05/2019	4 hours

*LEVEL 1 FOOD SAFETY IN CATERING

The Level 1 Food Safety in catering course is accredited and designed for learners or volunteers who would like to work in an environment where you handle and prepare food. You will learn the role an individual plays in reducing food contamination, personal hygiene procedures and how hazards can be controlled. The course is accredited by Highfield Qualifications.

Skills required: English language skills at Entry Level 3 or higher.

Audley NLC	Monday	9.30am – 3pm	08/04/2019	1 day
Bank Top NLC	Monday	9.30am – 3pm	20/05/2019	1 day
Blackburn Library	Thursday	9.30am – 3pm	06/06/2019	1 day
Audley NLC	Thursday	9.30am – 3pm	13/06/2019	1 day
Darwen Town Hall	Thursday	9.30am – 3pm	27/06/2019	1 day

*LEVEL 2 AWARD IN FOOD ALLERGEN AWARENESS AND CONTROL IN CATERING

The Level 2 Award in Food Allergen Awareness and Control in catering is aimed for learners and volunteers who would like to work within a catering industry where staff are involved in food preparation and service and have been successful in completing the Level 1 Food Safety course. This course is designed to provide knowledge and understanding of food allergens and food that commonly causes intolerance, their characteristics and effects, the importance of effectively communicating information regarding allergenic ingredients to customers, and how staff can minimise the risk of cross-contamination from allergenic ingredients. This qualification is supported by Allergy UK and is accredited by Highfield Qualifications.

Skills required: English language skills at Level 1.

Audley NLC	Monday	9.30am – 3pm	13/05/2019	1 day
Bank Top NLC	Thursday	9.30am – 3pm	04/07/2019	1 day

*LEVEL 2 FOOD SAFETY IN CATERING

The Level 2 Food Safety in catering course is designed for learners or volunteers who require a qualification to work in the catering and hospitality industry. Topics include hazards and controls, food safety management and temperature controls, food poisoning control, personal hygiene, cleaning and disinfection, food pests, and the role of the food handler in keeping food safe. The course is accredited by Highfield Qualifications.

Skills required: English language skills at Level 1.

Blackburn Library	Thursday/Friday	9.30am – 3pm	04-05/04/2019	2 days
Bank Top NLC	Thursday/Friday	9.30am – 3pm	20-21/06/2019	2 days
Audley NLC	Wednesday/Thursday	9.30am – 3pm	10-11/07/2019	2 days
Blackburn Library	Wednesday/Thursday	9.30am – 3pm	17-18/07/2019	2 days

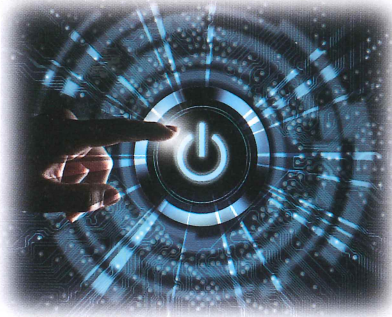
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ICT SKILLS FOR LIFE AND WORK



We have developed a range of computer courses accredited and non-accredited where you can gain valuable computing skills for both life and work. You might be a person who cannot use a mouse or keyboard or someone with limited computing skills who wants to learn more. It could be that you have some ICT skills but would like a certificate in computing or have an iPad/iPhone or tablet and not making the most of the device. Whatever your needs we have just the course for you.

COMPUTER FOR BEGINNERS (INCLUDING INTERNET AND E-MAIL)

The 'Computer for Beginners' course is designed for learners who may not be able to switch a computer on or are not sure how to use a mouse and keyboard. Learners may also have little or no knowledge and skills in other areas of computing. The course covers: typing text in a word application, saving files, using the internet safely and composing and sending e-mails with attachments.

Skills required: None. Suitable for absolute beginners.

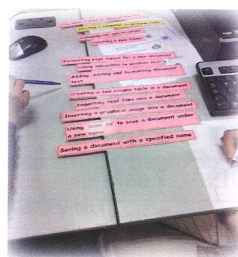
Audley NLC	Tuesday	9.30am – 12pm	07/05/2019	5 weeks
Darwen Town Hall	Wednesday	10am – 12.30pm	08/05/2019	5 weeks
Bank Top NLC	Monday	12.45pm – 3pm	13/05/2019	5 weeks
Audley NLC	Tuesday	9.30am – 12pm	18/06/2019	5 weeks
Darwen Town Hall	Wednesday	10am – 12.30pm	19/06/2019	5 weeks
Bank Top NLC	Monday	12.45pm – 3pm	24/06/2019	5 weeks

ICT SKILLS BUILDER DROP IN (TERM TIME ONLY)

Do you want to learn new computer skills, do you need to use Universal Credit or find a Job website, save and edit your work online or use a computer to help look for work? The ICT Skills Builder drop in is designed for you. The session is delivered on a flexible basis where learners work at their own pace to achieve their own individual learning outcomes. You can also take your own laptop or tablet.

Skills required: None. Suitable for absolute beginners.

Bank Top NLC	Thursday	10am – 12pm	25/04/2019	Ongoing
Audley NLC	Thursday	1pm – 3pm	25/04/2019	Ongoing
Darwen Town Hall	Friday	10am – 11.30am	Ongoing	Ongoing



I feel more confident in how to use computers. I have improved my ICT skills which will help me with my job in the future.

ICT SKILLS WITH ESOL **NEW COURSE FOR SUMMER**

This short 'ICT Skills for ESOL' course is designed for learners who have low level English language skills, and may not be able to switch a computer on or are not sure how to use a mouse and keyboard. Learners may also have little or no knowledge and skills in other areas of computing. Then this course is a starting point in gaining basic computer skills. Whilst gaining basic computer skills the course will help you to develop your English language skills at the same time.

Skills required: English language skills from pre entry (limited English) to Entry Level 2.

Audley NLC	Wednesday	1pm – 3pm	08/05/2019	3 weeks
Bank Top NLC	Friday	9am – 11.30am	14/06/2019	3 weeks
Audley NLC	Wednesday	10am – 12pm	03/07/2019	3 weeks

INTRODUCTION TO GOOGLE DOCS **NEW COURSE FOR SUMMER**

This is a one off session introducing you to Chrome Machines where you can access Google docs on Google Chrome's web based documents. The session will explore how to log into Chrome Machines using a Gmail account and explore the features found on the new Chrome Machines at our centres.

Bank Top NLC	Tuesday	9.30am – 12.30pm	30/04/2019	3 hours
Audley NLC	Tuesday	9.30am – 12.30pm	30/04/2019	3 hours
Bank Top NLC	Tuesday	9.30am – 12.30pm	16/07/2019	3 hours

MOBILE DEVICES SKILLS BUILDER DROP IN **NEW COURSE FOR SUMMER**

Do you have a mobile device but do not always feel fully in control of it? Not sure how to use some of the features and settings correctly? In the drop in sessions we will explore different functions and apps on your device, learn how to use popular apps and features including the app store, iCloud, mail and calendar, photos and more. We will also explore security and safety on your device and learn some great hints and tips to get more from your mobile device.

For more information call 01254 507720 or 01254 581175 or e-mail adultlearning@blackburn.gov.uk

*START IT (ITQ) ENTRY LEVEL 3 (ACCREDITED BY CITY & GUILDS)

This is an 8 week accredited course designed for learners who have basic computing skills or have completed the 'Computer for Beginners' course. The course is split into three units: IT User Fundamentals, Word processing software and Spreadsheet software. Part of the course entails building a portfolio. If you would like to gain a certificate in computing then this could be the course for you.

Skills required: English language skills at Entry Level 3 or higher.

Bank Top NLC	Tuesday	9.30am – 2.30pm	07/05/2019	8 weeks
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I feel more confident about using computers. I have improved my skills and job prospects. I have learnt how to send and print CV's and cover letters for job applications. Staff and learners got on very well.

City & Guilds

MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk
*FREE ACCREDITED COURSES FOR LEARNERS WHO ARE UNEMPLOYED AND ON A LOW INCOME WAGE.

MOST COURSES ARE FREE

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HEALTH & WELLBEING

Our Health and Wellbeing area has something for everyone. From Complementary Therapies to Dementia Awareness, we've got the perfect mix. We also have a range of new courses & workshops such Zentangling and the return of our popular Bake for Wellbeing.



ARTS & CRAFTS

UPCYCLING FURNITURE

3 DAY WORKSHOP

Upcycling is an easy way to save money and learn new creative skills at the same time. During this three day course you will be able to upcycle a small piece of your household furniture and transform it into something unique to be proud of.

During the course you will learn the art of applying furniture paint and wax and learn the art of decoupage. Relaxing and being creative go hand in hand with this course... Come and see for yourself.

Please bring along a small piece of household furniture to transform during your time with us.

Audley NLC	Wed/Thurs/Fri	9.30am – 3pm	29–31/05/2019	3 sessions
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1 DAY WORKSHOP

Our upcycling workshop will provide you with the opportunity to create new pieces out of your household items. Using creative ways to paint, apply decoupage and relax with us on this practical and fun workshop.

Please bring along with you any old and tired glass bottles, jars, picture frames, or any small household items that will be transformed for you to take home and enjoy.

Audley NLC	Wednesday	9.30am – 3.30pm	18/07/2019	1 session
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CLAY MODELLING **NEW COURSE**

Our new two-day workshop with help you to prepare a piece of work using cold clay. This will dry over the week and in the second session you can paint your art piece. A very relaxing workshop to show off your creativity.

Audley NLC	Wednesday	9.30am – 12.30pm	19 & 26/07/2019	2 days
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Bank Top NLC	Friday	9.30am – 12.30pm	05 & 12/07/2019	2 days
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COMPLEMENTARY THERAPIES & BEAUTY

BEAUTY THERAPY – NAIL ART (SHELLAC NAILS)

Our introduction course to Nails will teach you the techniques on how to treat and take care of nails. We'll demonstrate the tools needed to be used to keep your nails in tip top shape. We'll introduce to you the five ways to wellbeing and how you can look to improve the look of your nails whilst improving your wellbeing.

Audley NLC	Tuesday	9.30am – 2.30pm	23/05/2019	4½ hours
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INTRODUCTION TO AROMATHERAPY

In this workshop you will learn how to prepare aromatherapy oils and perform a simple face massage. We will also explore the benefits and uses of aromatherapy oils for different skin types.

Darwen Town Hall	Tuesday	9.30am – 12.30pm	09/07/2019	3 hours
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Bank Top NLC	Wednesday	1pm – 4pm	10/07/2019	3 hours
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Staff and tutor wonderful, friendly, helpful and understanding. Relaxed atmosphere, lovely people on the course.

very informative - would like to do another course.

INTRODUCTION TO HEAD MASSAGE

Indian Head Massage, also known as Champissage has been practiced for over 1000 years. Join us on this workshop which will give you an introduction to techniques for relaxing, revitalising and promoting mental alertness.

Darwen Town Hall	Thursday	9.30am – 12.30pm	05/06/2019	3 hours
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Audley NLC	Thursday	9.30am – 12.30pm	13/06/2019	3 hours
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INTRODUCTION TO REFLEXOLOGY

Reflexology involves the application of pressure to "reflex" points on the body. On this introductory course we'll show you how to use reflexology on your family and friends or maybe you're interested in a career within holistic therapies.

Darwen Town Hall	Monday	9.30am – 12.30pm	03/06/2019	3 hours
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Audley NLC	Monday	9.30am – 12.30pm	10/06/2019	3 hours
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INTRODUCTION TO REIKI

Learn how this ancient Japanese technique uses the power of touch to help balance your energy and help the body heal itself.

Bank Top NLC	Wednesday	9.30am – 12.30pm	15/05/2019	3 hours
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Darwen Town Hall	Tuesday	9.30am – 12.30pm	11/06/2019	3 hours
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Audley NLC	Tuesday	9.30am – 12.30pm	02/07/2019	3 hours
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The tutors are very nice and supportive at all times. They have made me feel very comfortable and this did settle my nerves.

DEMENTIA

DEMENTIA FRIENDS AND MENTAL HEALTH AWARENESS

Dementia Friends is about learning more about dementia and the small ways you can help create a more Dementia friendly community. We will also explore mental health and wellbeing and look at some of the signs and symptoms of mental health.

Audley NLC	Tuesday	10am – 12pm	23/05/2019	2 hours
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Audley NLC	Tuesday	1pm – 3pm	18/06/2019	2 hours
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REMINISCENCE AND MEMORIES WORKSHOP

This short workshop will explore together how creative arts can help us recall memories and events from the past. We will also explore strategies to help us to recall and recollect important events and people.

Audley NLC	Tuesday	1pm – 3pm	28/05/2019	2 hours
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MEMORY WALKS **NEW COURSE**

Join us on our memory walks where we'll visit either Bury or Clitheroe. You can reminisce about the days gone by when you visited the markets or it could be something for you to try. The group will meet at Blackburn Bus Station and take you over to either Bury or Clitheroe. If you don't have a Nowcard, we'll cover the cost of the bus journey to and from.

Connect Bury (Blackburn to Bury)	Thursday	9.30am – 4.45pm	06/06/2019	1 day
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Connect Clitheroe (Blackburn to Clitheroe)	Tuesday	9.15am – 4.15pm	25/06/2019	1 day
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*meet at Blackburn Bus Station



MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk

MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk

FOOD & WELLBEING

BAKE FOR WELLBEING

It's back! Our popular Bake for Wellbeing programme returns for the summer. Baking up treats in the kitchen can do more than just create delicious comforting food, but can have a therapeutic value that can help to ease depression and anxiety. Join us on the baking journey where we will give you a taster in everything from baking celebration cakes, chocolate craft and creating party dessert glasses which will help you create perfect treats and feel good at the same time.

SWEET SUCCESS – CELEBRATION CAKES (4 WEEK COURSE) **NEW COURSE**

On this 4 week course we'll teach you how to create the perfect celebration cakes from start to finish. You will practice making sponge bases, butter cream (and flavouring), colouring, piping techniques, cake design & presentation, colouring fondant, making fondant letters & flowers using cutters and moulds, covering & edging cake boards with fondant and ribbons and cutting, filling and decorating cakes.

Bank Top NLC	Wednesday	9.30am – 12.30pm	26/06/2019–24/07/2019	4 weeks
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*we have introduced a £2 charge per learner per week to help cover the cost of ingredients

SWEET SUCCESS – CELEBRATION CAKES (WORKSHOP)

On this workshop, we'll demonstrate to you how to create the perfect celebration cake. You also get to share a piece of cake with fellow learners at the end of the workshop!

Hopwood Court (William Hopwood Street)	Tuesday	10am – 12.30pm	25/06/2019	2½ hours
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*we have introduced a £1 charge per learner to help cover the cost of ingredients

SWEET SUCCESS – CLEVER CUPCAKES (4 WEEK COURSES) **NEW COURSE**

On this 4 week course you will learn the different sizes, cases, flavours and fillings. You will learn about the different toppings, develop piping skills and create simple decoration and how to create fondant toppings for themed cupcakes.

Bank Top NLC	Thursday	9.30am – 12.30pm	27/06/2019–25/07/2019	4 weeks
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*we have introduced a £2 charge per learner per week to help cover the cost of ingredients

SWEET SUCCESS – CLEVER CUPCAKES (WORKSHOP)

This demonstration workshop will give you hints and tips on how to create the perfect cupcake and the various choices you have to decorate them. You can go on to create your cupcakes to share with family, friends and at parties.

Bank Top NLC	Wednesday	9.30am – 12.30pm	01/05/2019	2½ hours
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Hopwood Court (William Hopwood Street)	Tuesday	10am – 12.30pm	09/07/2019	2½ hours
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Bank Top NLC	Thursday	1pm – 3.30pm	18/07/2019	2½ hours
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*we have introduced a £1 charge per learner to help cover the cost of ingredients

SWEET SUCCESS – CAKE POPS

Cake Pops go down well at parties so let us show you how to create the ideal little treats that you can make in your own home. This demonstration workshop will give you a good understanding of how to bake your cake pops and then choose the various toppings.

Bank Top NLC	Thursday	10am – 12.30pm	02/05/2019	2½ hours
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Hopwood Court (William Hopwood Street)	Tuesday	10am – 12.30pm	18/06/2019	2½ hours
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Bank Top NLC	Friday	9.30am – 12pm	19/07/2019	2½ hours
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*we have introduced a £1 charge per learner to help cover the cost of ingredients

SWEET SUCCESS - CHOCOLATE CRAFT

We'll show you how to create simple chocolate treats that you can create in your own home. This workshop will allow you to see how the tutor creates simple treats which are perfect for a party.

Hopwood Court (William Hopwood Street)	Tuesday	10am – 12.30pm	02/07/2019	2 hours
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Bank Top NLC	Thursday	1pm – 3.30pm	11/07/2019	2 hours
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*we have introduced a £1 charge per learner to help cover the cost of ingredients

SWEET SUCCESS – FIVE WAYS TO BAKING

Our 5 week programme will teach you how to create various great desserts all with more fruit fillings. We will also build in to this. the Five ways to wellbeing to help you improve your own wellbeing.

Bank Top NLC	Friday	9.30am – 12.30pm	14/06/2019–12/07/2019	5 weeks
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*we have introduced a £2 charge per learner per week to help cover the cost of ingredients

SWEET SUCCESS – PARTY DESSERT GLASSES

Party dessert glasses are great for any occasion. Through this demonstration we will show you how each element comes together and to show you all of the alternative fruit fillings you can have to create your perfect dessert.

Bank Top NLC	Thursday	1pm – 3.30pm	13/06/2019	2½ hours
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Hopwood Court (William Hopwood Street)	Tuesday	10am – 12.30pm	16/07/2019	2½ hours
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*we have introduced a £1 charge per learner to help cover the cost of ingredients

BREAD MAKING – ALL YOU “KNEAD” TO KNOW **NEW COURSE**

From how to choose your ingredients, kneading dough and waiting for it to rise; join us in sharing the therapeutic benefits of bread making.

Bank Top NLC	Monday	9.30am – 12.30pm	15/07/2019	3 hours
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*we have introduced a £1 charge per learner to help cover the cost of ingredients

GREEN COLLEGE: HEALTH, ENVIRONMENT, BOTANICAL ART & CRAFT

The healing power of plants and flowers has been known for centuries. As well as the benefits to health and the environment, plants and flowers play an important part in Arts & Crafts. Join us at our Green College where we will teach you how to improve your wellbeing through herbs, plants and also how to creative craft pieces such as crystallised flowers and floral button holes.

HERBS, HEALTH & HAPPINESS

Herbs can help us on our path to wellbeing. Identifying and finding different uses for herbs can be a great hobby. In this session you will learn the history of “Herb lore”, explore ways of using herbs and make a craft gift to take home.

Darwen Town Hall	Tuesday	1pm – 3pm	30/04/2019	2 hours
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Audley NLC	Wednesday	1pm – 3pm	15/05/2019	2 hours
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Bank Top NLC	Tuesday	1pm – 3pm	27/06/2019	2 hours
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MAKE YOUR HOME A GREENER PLACE

Find out about ways to reduce your carbon footprint (and save money!) & discover cheap eco-friendly ways to clean. We will also explore innovative ideas for recycling and upcycling.

Darwen Town Hall	Tuesday	10am – 12pm	16/07/2019	2 hours
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Audley NLC	Tuesday	1.30pm – 3.30pm	23/07/2019	2 hours
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Bank Top NLC	Friday	10am – 12pm	26/07/2019	2 hours
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FLORAL BUTTON HOLES **NEW COURSE**

Let us teach you how to create floral button holes, the perfect accessory for any event.

Audley NLC	Friday	10am – 12pm	12/07/2019	2 hours
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MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk

MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk

HYDRATION: FLAVOURED WATERS, ICES AND TEAS **NEW COURSE**

Keeping hydrated is a key part of a healthy body. In this workshop we'll show you how to use fruit and vegetable to create flavoured waters, ices and speciality teas.

Bank Top NLC	Tuesday	1pm – 3pm	16/07/2019	2 hours
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UPCYCLING PLANT POTS **NEW COURSE**

We'll show you how to brighten up those terracotta plant pots with an array of different colours and designs. Show off your creativity and get ready for Summer!

Bank Top NLC	Wednesday	1pm – 3.30pm	05/06/2019	2½ hours
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BOTANICAL ART: ZENTANGLING **NEW COURSE**

Zentangling is the art of drawing images using structured patterns. With a focus on flowers and plants, we're sure this workshop will help you to relax and bring out the artist in you. Beginners most welcome!

Audley NLC	Wednesday	9.30am – 12.30pm	12/06/2019	3 hours
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CRYSTALISED FLOWERS **NEW COURSE**

If you're looking to learn how you can use flowers for displays for art pieces, around the home or for event's your holding then this is the perfect workshop. We'll show you how to make those flowers last a long time!

Bank Top NLC	Wednesday	1pm – 3pm	03/07/2019	2 hours
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This was really good time make us happy and relax, got good knowledge. Thank you for everything.

HEALTH

STEP INTO SUMMER: LEARNING WALKS FOR WELLBEING & DIGITAL PHOTOGRAPHY

An exciting course where you will be walking with a qualified walk leader to help improve your health through walking and also develop your digital photography skills. You will take part in planned walks around Blackburn, increasing your stamina and be given tasks to complete by using our digital cameras at the same time. What better way to improve your health and wellbeing and learn a new skill at the same time.

Audley NLC	Monday	10am – 12pm	03/06/2019–24/06/2019	4 Sessions
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STRESS AWARENESS **NEW COURSE**

Learn how to spot stress and how to deal with it. You'll come away being able to identify triggers and the impact of stress can have on your body and your daily life.

Audley NLC	Monday	1pm – 3pm	10/06/2019	2 hours
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CANCER SCREENING CHAMPIONS **NEW COURSE**

If you're looking to become a cancer screening champion this is the workshop for you. We'll equip you with the knowledge you need to tell people why early diagnosis can be beneficial.

Audley NLC	Wednesday	1pm – 3pm	26/06/2019	2 hours
Bank Top NLC	Thursday	10.30am – 12.30pm	04/07/2019	2 hours

RELAXATION FOR MIND AND BODY **NEW COURSE**

Your body and mind need adequate amounts of both rest and relaxation. This workshop shows you how relaxing your mind and body can relieve stress, anxiety or depression.

Audley NLC	Wednesday	1pm – 3.30pm	12/06/2019	2½ hours
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MENTAL HEALTH FIRST AID



MHFA England

MENTAL HEALTH FIRST AID

One in four people in the UK will experience at least one diagnosable mental health issue in any one year (Health & Social Care Information Centre, 2009). Mental Health First Aid (MHFA) is the mental health equivalent of physical first aid. MHFA training provides participants with the skills and confidence to recognise the signs and symptoms of common mental health issues and effectively guide a person towards the right support. We will be offering the Full qualification and also half-day sessions that provide a more general awareness of Mental Health First Aid.

MHFA CHAMPIONS - 1 DAY	Darwen Town Hall	Thursday	9.30am – 3.30pm	09/05/2019	6 hours
MHFA AWARENESS - HALF DAY	Audley NLC	Tuesday	9am – 2pm	14/05/2019	5 hours
MHFA FULL ACCREDITATION	Top Bank NLC	Tues/Wed/Thurs	9.30am – 3.30pm	19–21/06/2019	3 days
MHFA AWARENESS - HALF DAY	Audley NLC	Monday	9am – 2pm	11/07/2019	5 hours

*Fees may apply. Please check when booking.

Super venue. Great tutors with a great deal of knowledge. This course could benefit so many people! Thanks.

WIDER WELLBEING COURSES



Five ways to wellbeing

PEER SUPPORT AND VOLUNTEERING

Providing Peer Support to others in a similar situation can be both a rewarding and mutually beneficial experience. During this course we will explore how to provide effective support to others develop the key skills relevant to being a volunteer in a Peer Support environment. We will discuss ways to provide effective help and consider opportunities to support others in a safe and positive manner.

Blackburn Central Library	Tuesday	1pm – 3.30pm	11/06/2019–16/07/2019	6 weeks
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ROUND MY WAY: LOCAL HISTORY

Our local area is steeped in history and lore. Learning about our past can be a fascinating way to improve our sense of belonging in an area and to get the learning bug. Discover more about our heritage and some of the famous people past and present who were born and raised on our streets.

Bank Top NLC	Monday	9.30am – 12.30pm	10/06/2019–15/07/2019	6 weeks
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COOK AND EAT **NEW COURSE**

Join us on this culinary experience where we will teach you how to simply cook favourite dishes and then enjoy them with the rest of the group straight away.

Bank Top NLC	Tuesday	9.30am – 12.30pm	23/07/2019	3 hours
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MOST COURSES ARE FREE

To book on call 01254 507720 or 01254 581175 or email adultlearning@blackburn.gov.uk

www.bwdlearning.org

POSITIVE MINDS

ABOUT OUR COURSES FOR IMPROVED MENTAL HEALTH AND WELLBEING

Our Positive Minds Courses are all specifically developed to help you improve your emotional wellbeing, whilst learning something new, meeting people and having fun! Courses take place in community venues and provide the opportunity to identify and practice ways to cope and feel better. Our tutors all have empathy and experience in mental health and will support you to build your confidence.

BOOKING ON

To make sure the course is right for you we like to meet you first. You can contact us on 01254 507720 and let us know which course you are interested in and we will arrange an appointment for you. Or email us at Positive.Minds@blackburn.gov.uk

WHAT WILL HAPPEN WHEN I RING UP?

When you call, we will take some information about you and the course you would like to do. We will then arrange an appointment to meet one of our learning advisors. You can discuss with them what courses are appropriate for you, what you hope to gain from any course you undertake and any concerns you might have.

IS THERE AN ASSESSMENT?

No; however we will ask you to complete a Mood and Wellbeing Questionnaire when we first meet you and at regular intervals throughout the course. This helps us check if the Positive Minds courses are right for you and helps to assess what impact the course has on your mood and wellbeing.

WHAT HAPPENS IF POSITIVE MINDS ISN'T RIGHT FOR ME?

Your Learning Advisor will help you find another course that is more suitable and discuss any other support that may help you in a confidential manner.

WHAT WILL HAPPEN AFTER THE COURSE?

Throughout the course your Learning Advisor will support you to think about your next steps. We also offer regular top up/refreshers sessions to all our learners after courses finish.

FIVEWAYS TO WELLBEING

Sometimes small changes to our lifestyle and daily routine can have a surprisingly big impact on how we feel. The Five Ways to Wellbeing are proven to help us find ways to cope better with issues such as anxiety, stress and low mood. Our experienced tutors will help you to explore each of the five ways through simple activities which are easy to make part of our daily lives..

Audley NLC	Friday	10am – 12.30pm	03/05/2019–07/06/2019	Chris Truckle	5 weeks
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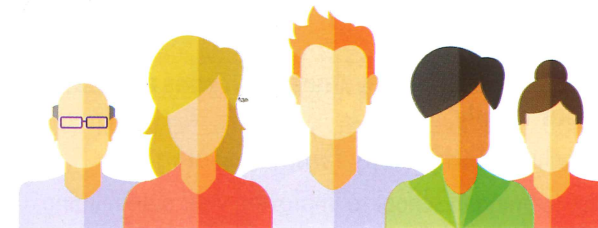
FOOD FOR MOOD

Join us on this journey where we'll show you how to destress in the kitchen and to stay motivated through cooking. On this course we will help you find ways to cope better and feel less stressed. You will also learn practical ways to prepare delicious healthy food for less than £2 per person plus some great shortcuts and tips to make cooking a fun, relaxing and social activity.

Bank Top NLC	Thursday	9.30am – 12.30pm	16/05/2019–13/06/2019	Paula Vickers	6 weeks
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Positive Minds

Learn for Wellbeing



Positive Minds

Learn for Wellbeing

RELAXATION THROUGH PAINTING AND DRAWING

On this course we will find out together how painting and drawing can help to reduce stress and us feel better. You will have the chance to try out oil pastels, pencils, acrylics and other painting and drawing materials. With regular breaks and the chance to chat there will be lots of opportunity to share ideas for relaxing and reducing anxiety. All equipment is provided.

Bank Top NLC	Thursday	9.30am – 12pm	16/05/2019–13/06/2019	Julie Harris	6 sessions
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LEARN TO RE-FOCUS THROUGH DIGITAL PHOTOGRAPHY

Digital photography can be a great way to enhance our mood, thoughts or feelings. It encourages us to take notice of the world around us, be creative and learn new skills. Taking photographs also encourages us to focus our attention on our subject, which can be an effective tool in reducing stress and anxiety. Each session will provide the opportunity for a short learning walk to capture the world around us digitally and express our feelings through photo editing.

Audley NLC	Thursday	10am – 12.30pm	02/05/2019–13/06/2019	Chris Truckle	6 sessions
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WRITE FOR ME

Perhaps you have lots of thoughts and feelings buzzing around in your head, but you have never thought that writing about them might help? Maybe you are someone who has already had experience of the therapeutic benefit of writing? During this informal creative writing course we will explore different ways of expressing our thoughts and feelings through writing (spelling and grammar are not important – support is available). It doesn't matter if you are a complete beginner - we will learn together in a friendly and supportive way as we practise using different writing formats to help us cope with feelings such as lack of motivation, stress or low mood.

Bank Top NLC	Wednesday	10am – 12:30pm	22/05/2019–12/06/2019	Jo Corbett	4 weeks
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RELAXATION THROUGH CREATIVE ART

Being creative and learning new skills are excellent ways to boost our mind and improve how we feel. On this course you will get the opportunity to try out a range of art and craft techniques including glass painting, card making and stone painting. Each session provides the chance to socialise and explore how arts and crafts can be used to help improve how you feel as sharing and exploring a range of strategies to help relax and unwind.

Darwen Town Hall	Friday	10pm – 12.30pm	17/05/2019–28/06/2019	Jackie Wicks	5 weeks
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ROUND MY WAY: LOCAL HISTORY **NEW COURSE**

Our local area is steeped in history and lore. Learning about our past can be a fascinating way to improve our sense of belonging in an area and to get the learning bug. Discover more about our heritage and some of the famous people past and present who were born and raised on our streets.

Bank Top NLC	Wednesday	9.30am – 12.30pm	15/05/2019–03/07/2019	Jan Horsley	6 weeks
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*It helped me gain new skills, improve my concentration and awareness of surroundings.
It helped me feel happier, I was really struggling emotionally before.*

FAMILY LEARNING COURSES

FUN, FRIENDLY AND FREE!

If you think back to the most important things you've learned in life **values, attitudes** and **culture**, **maybe even love of reading** they came from **your family**.

So if you want to share the fun of learning with your children why not try **family learning**?

From helping you understand what your children are learning in school to improving your own reading, writing and maths, family learning offers a wide range of choices to:

- **Involve parents' in their child's learning**
- **Develop active, fun learning programmes with the parents**
- **Improve parents skills and confidence**
- **Support families to build better relationships**

We work in close partnership with schools, nurseries, children centres and agencies to deliver a wide range of courses and workshop activities across Blackburn and Darwen including:

■ SUPPORTING YOUR CHILD'S: MATHS – READING – PHONICS

Parents will learn how these skills are being taught and developed in schools. Courses include fun activities to be shared as families at home to improve their child's understanding. The teaching is tailored to each school and includes schemes such as Inspire maths, Phonics (Read, Write, Ink/ Letter and Sounds) and includes reference to SATS.

■ FAMILY LANGUAGE

For parents where English is not the primary language used at home. Parents will develop their reading, writing, speaking and listening skills to be able to support their children's learning and development.

OTHER COURSES INCLUDE:

■ ONLINE SAFETY

Parents will learn how to apply online safety practices when using the internet at home with their child.

■ BASIC PAEDIATRIC FIRST AID

Parents will learn practical lifesaving skills for baby and child and develop techniques to deal with emergency situations.

■ POSITIVE PARENTING

Parents learn how to build positive relationships with their child (these courses are delivered in partnership with the Children's Centres).

■ NEW COURSE: SCIENCE TOGETHER

Parents and children can learn science together through problem solving and investigative activities. An opportunity for parents to develop a greater understanding of how their children are learning science at school.

For further information call **01254 581175** or email **familylearning@blackburn.gov.uk**

Parents are more aware of the maths we teach at school and are better equipped to support their children with maths homework. - Head Teacher

ESOL English for Speakers of Other Languages

If English is not your first language, you can take a course to help you improve your English language skills. You can gain a qualification at the end of your learning. These qualifications offer the first steps in helping build your knowledge of the English language and will allow you to live more independently in the UK.

OUR ESOL COURSES WILL HELP YOU TO:

- Feel more confident in the community
- Move onto other courses or training
- Progress onto work
- Help your children with their school work
- Become independent with everyday life activities

ESOL COURSES ARE OFFERED AT A VARIETY OF LEVELS:

- Pre-entry
- Entry 1
- Entry 2
- Entry 3

DAYTIME AND EVENING CLASSES ARE CURRENTLY AVAILABLE AT:

- Audley NLC
- Bank Top NLC

Classes can be set up at a venue near you if there is a sufficient number of learners wanting to learn. All learners will be offered an assessment prior to joining the course. It is important we find out your current level of skills so we can start you off at the right level.

TO JOIN OUR WAITING LIST OR FOR FURTHER INFORMATION ABOUT CLASSES PLEASE CALL 01254 507720 OR EMAIL ADULTLEARNING@BLACKBURN.GOV.UK

I had a good learning experience. Now I feel more confident and my skills have improved.

TALK ENGLISH

Blackburn with Darwen Council works with many different organisations to provide courses and activities that help people learn English, access services and get involved in the community.

Talk English Project provides informal ESOL courses and activities to help people with little or no English to improve their skills in reading, writing, speaking and listening. The courses and activities take place in community settings and are taught by volunteer tutors.

To find out more contact (01254) 581175 or email talkenglish@blackburn.gov.uk

Talk English



VOLUNTEER WITH US

We provide training and support to anyone who is interested in volunteering to help people learn English. To find out more about our current volunteer opportunities and training courses, contact the team on (01254) 581175 or by emailing talkenglish@blackburn.gov.uk

COURSES FOR LEARNERS WITH LEARNING DIFFICULTIES AND DISABILITIES

We offer a bespoke programme of short courses for adults with learning difficulties & disabilities with the aim of helping people become more confident, make friends, learn new skills, learn to live independently and to move on to paid or voluntary work.

The courses are free to anybody aged over 19 and normally run once a week.

COURSES INCLUDE COOKING, ARTS & CRAFTS, DRAMA AND MUCH MORE

Apart from the advertised courses we are always open to suggestions from partners for other topics and courses that learners are interested in. We can also deliver flexible shorter programmes covering specific topics tailored for your groups.

For more information or to be added onto the mailing list please call (01254) 507720 or email adultlearning@blackburn.gov.uk



WHAT ELSE DO WE DO?

MATHS AND ENGLISH

We work closely with our local college who offer Functional Maths and English courses in Blackburn. Classes are free, available throughout the year and are accredited up to Level 2. For more information contact Blackburn college on (01254) 292929 or Community Training Portal (CTP) Blackburn on (01254) 677767.

NEIGHBOURHOOD ISSUES are managed through the Locality Hubs and services such as Work Clubs, Your Call activities and other community issues. They are supported by our team of Community Connectors based in the hubs. We work with partners including the police, fire service and housing to support local residents to make improvements to their streets and neighbourhoods.

For more information on resolving Neighbourhood Issues or Transforming Lives, please contact:

East Blackburn Hub – Audley Neighbourhood and Children's Centre (01254) 507720

North Blackburn – Little Harwood Children's Centre (01254) 506910

West Blackburn – Bank Top Neighbourhood Centre (01254) 581175

Darwen & Rural – Darwen Town Hall (01254) 585681

THE LANCASHIRE VOLUNTEER PARTNERSHIP was established in 2016 between public services who wanted to provide one gateway into public service volunteering.

The aim of the partnership is to make volunteering for public services rewarding and to provide opportunities for people to make a real difference in their local communities. We are passionate about supporting people in need of help and building stronger, more resilient communities that can flourish; and at the heart of this are our volunteers.

To search or apply for local volunteering opportunities visit: www.lancsvp.org.uk



**LANCASHIRE
VOLUNTEER
PARTNERSHIP**

Work Clubs in Blackburn with Darwen

MONDAY

Darwen Town Hall

10am – 11.30am

Croft St Darwen, BB3 1BQ
For details call 01254 222128

WEDNESDAY

Bank Top Neighbourhood Learning Centre

10am – 12pm

Arthur Way, Blackburn, BB2 1QP
For details call 01254 581175

Bangor Street Community Centre

10am – 12pm

Norwich St, Blackburn, BB1 6NZ
For details call 01254 507720

THURSDAY

Audley and Queen's Park Neighbourhood Learning Centre

2pm – 4pm

Pringle St, Blackburn, BB1 1SF
For details call 01254 507720

For online support and news on local courses check out BwDBC Web link:
<http://www.blackburn.gov.uk/Pages/Help-finding-jobs-funding-training.aspx>



BLACKBURN
with
DARWEN
BOROUGH COUNCIL

Audley & Queen's Park Neighbourhood Learning Centre

Pringle Street, Blackburn, BB1 1SF

Tel (01254) 507720

Bank Top Neighbourhood Learning Centre

Arthur Way, Blackburn, BB2 1QP

Tel (01254) 581175

Email: adultlearning@blackburn.gov.uk



WHY NOT FOLLOW US ON SOCIAL MEDIA?

- You can keep up to date with our course offer
- Find out more about the partners we work with
- Hear what other people have to say about us
- Share ideas and tell us what you think!



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www.bwdlearning.org